

NEW SERIES EVENT AT PLF FOR 2023

PAMPER ME WITH LAVENDER SERIES- Throughout the season PLF will hold several classes focusing on self-care. Life is hard, life is stressful, STOP, SMELL the lavender and take time for you!

Soothe & Relax:

Enjoy a five-minute *head massage* with lavender essential oils by Donna McCann, licensed Massage Therapist.

Make & Take *Lavender lip scrub* class, destress with finger painting while sipping a special lavender drink.

Time: Sunday, May 21st at 11:00 AM <u>OR</u> Thursday, May 25th at 6:00 PM

Cost: \$25 per person. Tickets may be purchased on our website: www.paradiselavenderfarm/events - You must purchase a ticket to attend.

This event is rain or shine and held under our lavender fields event tent.

Paradise Lavender Farm

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